## Personal Foundation

## Sound Money Management: The Budget

## How to Implement a Working Budget

## DFCU Bill and Spending Accounts



# DFCU Bill and Spending Accounts 



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# DFCU Bill and Spending Accounts 



## "Unexpected Expenses"

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## What About Saving for "Future Anticipated Expenses"?

## DFCU Billand Spending Accounts



## DFCU Billand Spending Accounts



## A Complete Budget



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## DFCU Bill and Spending Accounts




SPENDING CHECKING ACCOUNT PARTNER 2
WITH CHECK-CARD ACCESS

- Tor Traditional
for Roth
. 5270 Cash Left Per Month





## Along each page a grey

 column. Live website copy will have line items numbered. It ties
## categories to a work sheet

 that will guide you how to use...[^0]
## Completing Your Budget Income Forms

Congratulations on taking the first step to building a sound financial plan: creating your budget. If you attended the Debt-Free Living seminar, this process will be familiar to you. If you haven't attended, we suggest you try to before you complete this budget exercise since it is designed to be a comprehensive project. A budget is truly the key to debt-free living, so we've made this process robust and all-inclusive for your financial benefit. Be ready to devote about an hour to complete your comprehensive budget.

## Important Points:

- Unexpected expenses vs future anticipated expenses. While the phrase "unexpected expense" is used quite frequently, it is the reason many budgets fail. By viewing many of the purchases that find their way on credit as "unexpected" such as: car repairs, home maintenance, vacations, gifts, etc. many fail to plan and allocate adequate cash for them within their budgetsbefore they occur. Many people have grown accustomed to using credit to "bridge" such gaps within their budgets-that process produces debt. The phrase "unexpected expense" tends to propagate an incorrect view that such things are beyond our ability to manage and controlexcusing one to use credit to cover them. Such expenses can be anticipated so we will call these "future anticipated expenses" instead.
- The goal of this exercise is to balance your take-home wages with fixed, discretionary expenses, and savings for future anticipated expenses. You have not completed your budget until your final balance reads $\$ 0$. All monies taken in should be allocated to pay bills, discretionary spending and savings for future anticipated expenses, retirement, college, etc...
- Be sure to create a budget BEFORE you commit to large financial obligations such as homes and automobiles because your budget help you determine how much car and home you can afford.
- Be sure your budget addresses any future goals you might have that will greatly influence cash flow, such as children, college or caring for adult parents, BEFORE you commit to large financial obligations such as homes and automobiles.



## Along each page a grey column. Live website

 copy will have line items numbered. It ties
## categories to a work sheet

 that will guide you how to use...[^1]


Monthly expenses


## dfcu




Monthly expenses


## dfcu

## Common Trap to Wealth Building

## Why do Budgets Fail?

 Reason For Debt?
# Common Trap to Wealth Building 

## Failure to Anticipate Future Expenses

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## A Complete Budget



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## At bottom of each page: <br> Savings for Future Anticipated Expenses...

## Page 1

2,680 Cash Left Per Month


Account \#
Daniel's Spending Account
\$875
Less Per Month
CHECKING ACCOUNT 3

## All outgoing

 monthly checking withdrawals; both monthly and irregularDIVIDE
TOTAL
PER MONTH
IN THIS
CHECKING ACCOUNT
BY 4 WEEKS
\$219
A WEEK TO SPEND

| $\$ 160$ | for | Gas for car |
| :--- | :--- | :--- |
| $\$ 85$ | for | Groceries |
| $\$ 0$ | for | Laundry |
| $\$ 30$ | for | Dry Cleaning |
| $\$ 375$ | for | Dinners/Lunches out |
| $\$ 0$ | for | Monthly Perscriptions |
| $\$ 25$ | for | Haircut Monthly |
| $\$ 0$ | for | Kids Allowance |
| $\$ 20$ | for | Car washes |
| $\$ 30$ | for | Monthly Pet expen |
| $\$ 0$ | for | Beauty supplies (Target/Drug Store) |
| $\$ 150$ | for | Entertainment |
| $\$ 0$ | for | Parking/Bus fees |
|  | for | Cash |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER | \% OF GROSS INCOME SAVED BY EMPLOYER \% OF GROSS INCOME SAVED BY ME SHOULD BE 10\%-15\% OF GROSS INCOME \$ AFTER TAX AMOUNT MONTHLY BEING SAVED (CONSIDER A ROTH IRA)

$\$ 375$

## account \#

> | $\$ 250$ for | Annual Vacations |
| :--- | :--- |
| $\$ 100$ for | 2022 Italy Trip |

$\$ 25$ for for Arizona Class Reunion

Less Per Month Kids School account \#
(SPORTING EVENTS? LESSONS?)
$\$ 30$ for School Sports
$\$ 5$ for Yearbook
Less Per Month $\quad$ Collage

At bottom of each page: Savings for Future Anticipated Expenses...
$\begin{array}{r}\$ 100 \text { for } \\ \hline \$ 50 \text { for } \\ \hline\end{array}$ $\qquad$


Cash Left Per Month


## The Budget

## Where's my spending money?

# DFCU Bill and Spending Accounts 



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Page 2


Ruth's spending account

DIVIDE TOTAL
PER MONTH
IN THIS
CHECKING ACCOUNT
BY 4 WEEKS
\$300
A WEEK TO
SPEND

| $\$ 120$ | for | Gas for car |
| :--- | :--- | :--- |
| $\$ 600$ | for | Groceries |
| $\$ 0$ | for | Laundry |
| $\$ 0$ | for | Dry Cleaning |
| $\$ 125$ | for | Dinners/Lunches out |
| $\$ 0$ | for | Monthly Perscriptions |
| $\$ 25$ | for | Haircuts/monthly |
| $\$ 0$ | for | Kid's Allowance |
| $\$ 10$ | for | Car washes |
| $\$ 10$ | for | Monthly Pet expenses |
| $\$ 120$ | for | Beauty supplies (Target/Drug store) |
| $\$ 40$ | for | Entertainment |
| $\$ 0$ | for | Parking/Bus fees |
| $\$ 150$ | for | Costco |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |

dfcu


Ruth's spending account --Closer look

Key Term: MONTHLY
PER MONTH
IN THIS CHECKING ACCOUNT
BY 4 WEEKS
\$300
A WEEK TO
SPEND

| $\$ 120$ | for | Gas for car |
| :--- | :--- | :--- |
| $\$ 600$ | for | Groceries |
| $\$ 0$ | for | Laundry |
| $\$ 0$ | for | Dry Cleaning |
| $\$ 125$ | for | Dinners/Lunches out |
| $\$ 0$ | for | Monthly Perscriptions |
| $\$ 25$ | for | Haircuts/monthly |
| $\$ 0$ | for | Kid's Allowance |
| $\$ 10$ | for | Car washes |
| $\$ 10$ | for | Monthly Pet expenses |
| $\$ 120$ | for | Beauty supplies (Target/Drug store) |
| $\$ 40$ | for | Entertainment |
| $\$ 0$ | for | Parking/Bus fees |
| $\$ 150$ | for | Costco |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |





Dan's spending account
Dan's account has the same categories
Why?

## A Complete Budget



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Page 2



## Will show what to do with shortage later...

## Common Trap to Wealth Building

## Too Much House

## How Much House or Car Can I Afford?

## How would you answer?

## What To Do If There's Not Enough Money



Page 1





## Page 3

Shortage $\$ 1685$.


$\qquad$

Page 1

## Negotiable?

Challenge yourself-can you find money here?


## SPENDING CHECKING ACCOUNT PARTNER 1

 WITH CHECK-CARD ACCESS

Carryover Cash Left Per Month Less the following :

Account \# Jane's Spending Account Less Per Month

## CHECKING ACCOUNT 2

All outgoing monthly checking withdrawals; both monthly and irregular

DIVIDE
TOTAL
PER MONTH
IN THIS
CHECKING
ACCOUNT BY 4 WEEKS
\$211
A WEEK TO
SPEND

| $\$ 80$ | for | Gas for car |  |
| :--- | :--- | :--- | :---: |
| $\$ 400$ | for | Groceries |  |
| $\$ 0$ | for | Laundry |  |
| $\$ 20$ | for | Dry Cleaning | 40 |
| $\$ 150$ | for | Dinners/Lunches | 240 |
| $\$ 28$ | for | Monthly Perscriptions |  |
| $\$ 40$ | for | Haircuts/monthly |  |
| $\$ 20$ | for | Kid's Allowance | 40 |
| $\$ 6$ | for | Car washes |  |
| $\$ 0$ | for | Monthly Pet expenses |  |
| $\$ 100$ | for | Beauty supplies (Target/Drug store) |  |
| $\$ 0$ | for | Entertainment | 200 |
| $\$ 0$ | for | Parking/Bus fees |  |
|  | for | Cash |  |
|  | for | OTHER |  |
|  | for | OTHER |  |
|  | for | OTHER |  |
|  | for | OTHER |  |

\$50

## Less Per Month Medical Events

 account \#
(FLEXIBLE SPENDING ACCOUNT AT WORK?)

|  | (FLEXIBLE SPENDING ACCOUNT AT WORK?) |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | \$25 for Medical Events |  | for | Vision Events |
|  | \$25 for D | vents | for | (GLASSES EVERY 2 YEARS?) |
| \$40 | Less Per Month | Salon/Vet | account \# |  |
|  | \$25 for Hair Events (Color) |  | for | Pet Groomer |
|  | for Be | Supplies | \$15 for | Vet |
| \$200 | Less Per Month | Clothing | account \# |  |
|  | \$50 for Clo | Self | \$100 for | Clothing Kids |
|  | \$50 for Cl | Spouse | for |  |
| \$0 | Less Per Month | Ruth's IRA | account \# |  |
|  | for Tr |  | for | Roth |
| \$340 | Cash Left Per Month |  |  |  |

\$1474 to \$844.

| All outgoing | \$80 | for | Gas for car | 700 |
| :---: | :---: | :---: | :---: | :---: |
| menthly | \$400 | for | Groceries |  |
| checking | 40 | for | Laundry |  |
| withdrawals; | \$20 | for | Dry Cleaning | 40 |
| both monthly | \$150 | for | Dinners/Lunches | 240 |
| and irregular | \$28 | for | Monthly Perscriptions |  |
|  | \$40 | for | Haircuts/monthly |  |
| DIVIDE | \$20 | for | Kid's Allowance | 40 |
| TOTAL | \$6 | for | Car washes |  |
| PER MONTH | \$0 | for | Monthly Pet expenses |  |
| IN THIS | \$100 | for | Beauty supplies (Targe | 496torel |
| CHECKING | \$0 | for | Entertainment | 200 |
| ACCOUNT | \$0 | for | Parking/Bus fees |  |
| BY 4 WEEKS |  | for | Cash |  |
| \$211 |  | for | OTHER |  |
| A WEEKTO |  | for | OTHER |  |
| SPEND |  | for | OTHER |  |
|  |  | for | OTHER |  |



## \$985 to \$625

Al outgoing monthly
chacking
withdrawals:
both monthly
and imegular

| DMIDE | 80 | for | Kids Allowance |
| :---: | :---: | :---: | :---: |
| TOTAL | \$20 | for | Car washes |
| PER MONTH | \$40 | for | Monthly Pet expense |
| 1 N THIS | 40 | for | Beauty supplies (Targe |
| CHECKING | \$100 | for | Entertainment |
| ACCOUNT | \$0 | for | Parking/Bus fees |
| BY 4 WEEKS |  | for | Cash |
| \$156 |  | for | OTHER |
| A WEEK TO |  | for | OTHER |
| SPEND |  | for | OTHER |
|  |  | for | QTHER |





## Page 3

## Problem solved? <br> NO!

Still short: \$695

Now what?

## A Complete Budget




Page 1

## SPENDING CHECKING ACCOUNT PARTNER 1

 WITH CHECK-CARD ACCESS| $\$ 1,724$ |
| ---: |
|  |
| $\$ 844$ |

Carryover Cash Left Per Month Less the following :

Account \# Jane's Spending Account

All outgoing monthly checking withdrawals; both monthly and irregular

DIVIDE
TOTAL
PER MONTH
IN THIS
CHECKING
ACCOUNT
BY 4 WEEKS
\$211 Less Per Month

## CHECKING ACCOUNT 2

## A WEEK TO

SPEND

| $\$ 80$ | for | Gas for car |
| :--- | :--- | :--- |
| $\$ 400$ | for | Groceries |
| $\$ 0$ | for | Laundry |
| $\$ 20$ | for | Dry Cleaning |
| $\$ 150$ | for | Dinners/Lunches |
| $\$ 28$ | for | Monthly Perscriptions |
| $\$ 40$ | for | Haircuts/monthly |
| $\$ 20$ | for | Kid's Allowance |
| $\$ 6$ | for | Car washes |
| $\$ 0$ | for | Monthly Pet expenses |
| $\$ 100$ | for | Beauty supplies (Target/Dru |
| $\$ 0$ | for | Entertainment |
| $\$ 0$ | for | Parking/Bus fees |
|  | for | Cash |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |


|  | for | OTHER |
| :---: | :---: | :---: |
| 700 | for | OTHER |
| 40 | for | OTHER |
| 240 | for | OTHER |
|  | for | OTHER |
| 40 | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |
|  | for | OTHER |

Page 2

| \$40 | Less Per Month | Salon/Vet | account \# |  |
| :---: | :---: | :---: | :---: | :---: |
|  | \$25 for Hair | nts (Color) | for | Pet Groomer |
|  | for Be | Supplies | \$15 for | Vet |
| Bonuses |  |  |  |  |
| Tax Refunds | Less Per Month | Clothing | account \# |  |
| Extra Pay's |  |  |  |  |
|  | \$50 for Clotrer | Self | \$100 for | Clothing Kids |
|  | \$50 for C | Spouse | for |  |
| \$0 | Less Per Month | Ruth's IRA | account \# |  |
|  | for Tra |  | for | Roth |
| \$790 | Cash Left Per M |  |  |  |




## Even after that

 adjustment to gifts, clothing still no money left for Vacations.What does that mean?

## Never a vacation?

## Over time what is

## supposed to happen?

## Page 3

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## SPENDING CHECKING ACCOUNT PARTNER 2

 WITH CHECK-CARD ACCESSCarryover Cash Left Per Month Less the following :


## Over time what is supposed to happen?

With the Debt Paid off... Fund Future expenses without need of $2^{\text {nd }}$ jobs, bonuses, tax returns, extra checks.



## Over time what is

 supposed to happen?With the Debt Paid off... Fund Future expenses without need of $2^{\text {nd }}$ jobs, bonuses, tax returns, extra checks.

## Page $1 \quad$ dfcu

Next step? Regarding the spending money Jane...Monitor...
\$1474 to \$844.

| All outgoing | \$80 | for | Gas for car | 700 |
| :---: | :---: | :---: | :---: | :---: |
| monthly | \$400 | for | Groceries |  |
| checking | 40 | for | Laundry |  |
| withdrawals; | \$20 | for | Dry Cleaning | 40 |
| both monitly | \$150 | for | Dinners/Lunches | 240 |
| and irregular | \$28 | for | Monthly Perscriptions |  |
|  | \$40 | for | Haircuts/monthly |  |
| DIVDE | \$20 | for | Kid's Allowance | 40 |
| TOTAL | \$6 | for | Car washes |  |
| PER MONTH | \$0 | for | Monthly Pet expenses |  |
| IN THIS | \$100 | for | Beauty supplies (Targer |  |
| CHECKING | 40 | for | Entertainment | 200 |
| ACCOUNT | 80 | for | Parking/Bus fees |  |
| BY 4 WEEKS |  | for | Cash |  |
| \$211 |  | for | OTHER |  |
| A WEEK TO |  | for | OTHER |  |
| SPEND |  | for | OTHER |  |
|  |  | for | OTHER |  |

Next step? Regarding the spending money Leo...Monitor... \$985 to \$625

| All outgoing | \$240 | for | Gas for car |  |
| :---: | :---: | :---: | :---: | :---: |
| monthly | Jane | for | Groceries |  |
| chacking | \$0 | for | Laundry |  |
| withdrawals; | $\$ 0$ | for | Dry Cleaning |  |
| both monthly | \$200 | for | Dinners/Lunches | 440 |
| and imegular | \$0 | for | Monthly Perscriptions |  |
|  | \$25 | for | Haircut Monthly |  |
| DIMDE | 80 | for | Kids Allowance |  |
| TOTAL | \$20 | for | Car washes |  |
| PER MONTH | \$40 | for | Monthly Pet expenses |  |
| IN THIS | 80 | for | Beauty supplies (Target | nug Storel |
| CHECKING | \$100 | for | Entertainment | 220 |
| ACCOUNT | $\$ 0$ | for | Parking/Bus fees |  |
| BY 4 WEEKS |  | for | Cash |  |
| \$156 |  | for | OTHER |  |
| A WEEK TO |  | for | OTHER |  |
| SPEND |  | for | OTHER |  |
|  |  | for | OTHER |  |



Live for two to three months. Monitor.

Regarding Bill account......Possible problem...
What about: Tabs for cars; yearly life insurance policies, or if auto Insurance paid once or twice yearly?


Nice if you can build in a cushion...but if you can't....

# DFCU Bill and Spending Accounts 



Where is all that money going to sit?

Transfer \$ Every Friday
or Two Times a Month
Her DFCU Checking Spending \$ Debit Card Access Groceries, Gas for Auto, Etc.

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# DFCU Bill and Spending Accounts 



Ready to absorb hits...because of sitting cash

## Income 2

## A Complete Budget



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## Steps to Building Budget

- Fill out as things TRULY ARE. (Save for reference)
- Save another copy "Revised Budget"-do not totally balance just yet.
- See where things can be cut.
- Round down on "spending accounts" Live for 2 months. Keep track of just those 1 or 2 "spending accounts" See if amounts are reasonable.
- Use a Mock checkbook ledger; phone; or cash.
- Attempt to see if you can balance. If not....
- Finally balance by "funding" "virtual" savings accounts (envelopes) once a year-if necessary-by tax return, extra pays, bonuses.
- Once debts are paid off move that cash to fund "virtual" savings accounts (envelopes) or IRA's.



## DON'T FORGET:

Next step? Regarding the spending money Jane...Monitor...
\$1474 to \$844.

| All outgoing | \$80 | for | Gas for car | 700 |
| :---: | :---: | :---: | :---: | :---: |
| monthly | \$400 | for | Groceries |  |
| checking | \$0 | for | Laundry |  |
| withdrawala; | \$20 | for | Dry Cleaning | 40 |
| both monthly | \$150 | for | Dinners/Lunches | 240 |
| and irregular | \$28 | for | Monthly Perseriptions |  |
|  | \$40 | for | Haircuts/monthly |  |
| DIVDE | \$20 | for | Kid's Allowance | 40 |
| TOTAL | \$6 | for | Car washes |  |
| PER MONTH | \$0 | for | Monthly Pet expenses |  |
| IN THIS | \$100 | for | Beauty supplies [Targe |  |
| CHECKING | \$0 | for | Entertainment | 200 |
| ACCOUNT | $\$ 0$ | for | Parking/Bus fees |  |
| BY4 WEEKS |  | for | Cash |  |
| \$211 |  | for | OTHER |  |
| A WEEK TO |  | for | OTHER |  |
| SPEND |  | for' | OTHER |  |
|  |  | for | OTHER |  |



## DON'T FORGET:

Next step? Regarding the spending money Leo...Monitor... \$985 to \$625

| All outgoing | \$240 | for | Gas for car |  |
| :---: | :---: | :---: | :---: | :---: |
| monthly | Jane | for | Groceries |  |
| chacking | \$0 | for | Laundry |  |
| withdrawals; | $\$ 0$ | for | Dry Cleaning |  |
| both monthly | 8200 | for | Dinners/Lunches | 440 |
| and irregular | \$0 | for | Monthly Perscriptions |  |
|  | \$25 | for | Haircut Monthly |  |
| DMIDE | 80 | for | Kids Allowance |  |
| TOTAL | \$20 | for | Car washes |  |
| PER MONTH | \$40 | for | Monthly Pet expenses |  |
| IN THIS | 40 | for | Beauty supplies (Target | nug Storel |
| CHECKING | \$100 | for | Entertainment | 220 |
| ACCOUNT | \$0 | for | Parking/Bus fees |  |
| BY 4 WEEKS |  | for | Cash |  |
| \$156 |  | for | OTHER |  |
| A WEEK TO |  | for | OTHER |  |
| SPEND |  | for | OTHER |  |
|  |  | for | OTHER |  |



Live for two to three months. Monitor.

# Other Seminars Offered by 

DFCU Financial

- Healthy Credit: Strengthening Your Credit Score the Smart Way
- Student Loans \& Financial Freedom
- Retirement Readiness
- Retirement Wealth Retention
- Social Security
- Medicare
- Medicare Missteps
- Estate Planning
- Elder Law

All webinars are open to the general public at no cost.


[^0]:    $\$ 2,680$ Cash Left Per Month

[^1]:    $\$ 2,680$ Cash Left Per Month

